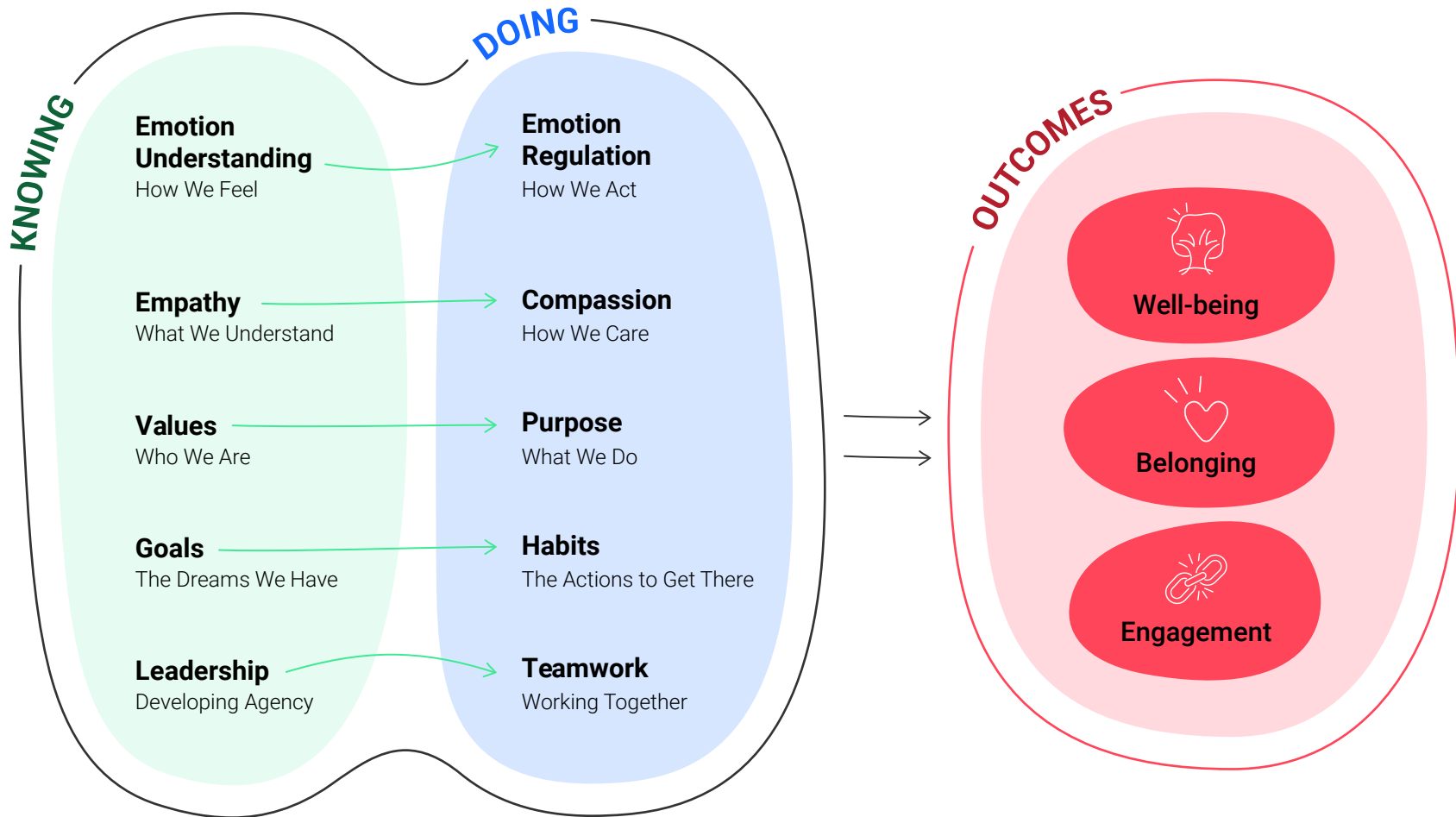


# SECONDARY Ingredients & Outcomes



# Scope & Sequence 9th Grade

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**Belonging:**  
How can we create a  
place where everyone  
feels like they belong?

## Setting the Stage

- S1: Building Connections
- S2: Building Community
- S3: Developing Community Agreements
- S4: Upholding Community Agreements
- S5: Normalizing 9th Grade Worries (Belonging)

## Values & Purpose

- S6: Understanding Values
- S7: Clarifying Values
- S8: Practicing Values

## Emotion Understanding & Regulation

- S9: Normalizing 9th Grade Worries (Testtaking)
- S10: Developing Supportive Friendships
- S11: Practicing Perspective-Taking

## Empathy & Compassion

- S12: Coping with Stress
- S13: Understanding Social Support
- S14: Practicing Social Support
- S15: Strengthening Empathy with Perspective-Taking

## Values & Purpose

- S16: Connecting Values & Friendship
- S17: Giving Support to Friends

## Emotion Understanding & Regulation

- S18: Staying True to Your Values
- S19: Asking for Help

## Goals & Habits

- S20: Evaluating Personal Progress
- S21: Developing Goals for Next Year
- S22: Developing Goals for This Summer

## Reflections

- S23: Reflecting on the Year
- S24: Reflecting on the Year
- S25: Reflecting on the Year

# Scope & Sequence 10th Grade

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## Well-being:

How can I cultivate well-being in my life and the lives of others?

### Setting the Stage

- S1: Building Connections
- S2: Building Community
- S3: Developing Community Agreements
- S4: Upholding Community Agreements
- S5: Understanding Mental Health
- S6: Understanding Well-Being

### Values & Purpose

- S7: Connecting Values & Well-Being
- S8: Clarifying Values & Well-Being
- S9: Practicing Values & Well-Being

### Goals & Habits

- S10: Setting Well-Being Goals
- S11: Building Well-Being Habits
- S12: Identifying Obstacles to Well-Being
- S13: Staying True to Our Goals
- S14: Understanding Stress
- S15: Coping with Stress

### Leadership & Teamwork

- S16: Promoting Well-Being: Brainstorming
- S17: Promoting Well-Being: Planning
- S18: Promoting Well-Being: Developing
- S19: Promoting Well-Being: Executing
- S20: Promoting Well-Being: Evaluating

### Goals & Habits

- S21: Creating Well-Being Habits
- S22: Improving Well-Being Habits

### Reflections

- S23: Reflecting on the Year
- S24: Reflecting on the Year
- S25: Reflecting on the Year

# Scope & Sequence 11th Grade

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## Engagement:

What can I do to fully engage in my life now that prepares me for a meaningful life after high school?

## Setting the Stage

- S1: Building Connections
- S2: Building Community
- S3: Developing Community Agreements
- S4: Upholding Community Agreements

## Values & Purpose

- S5: Clarifying Values to Increase Engagement
- S6: Practicing Values to Increase Engagement

## Emotion Understanding & Regulation

- S7: Understanding Well-Being
- S8: Examining Mental Health Myths

## Empathy & Compassion

- S9: Understanding Ourselves
- S10: Hearing Others' Stories
- S11: Connecting Through Story
- S12: Reflecting on Our Stories

## Leadership & Teamwork

- S13: Assessing Individual Barriers to Belonging
- S14: Assessing School Barriers to Belonging
- S15: Clarifying School Barriers to Belonging
- S16: Dismantling Barriers to Belonging: Brainstorming
- S17: Dismantling Barriers to Belonging: Planning
- S18: Dismantling Barriers to Belonging: Presenting
- S19: Dismantling Barriers to Belonging: Executing
- S20: Dismantling Barriers to Belonging: Evaluating

## Goals & Habits

- S21: Developing Habits for Belonging
- S22: Improving Habits for Belonging

## Reflections

- S23: Reflecting on the Year
- S24: Reflecting on the Year
- S25: Reflecting on the Year

# Scope & Sequence 12th Grade

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## Leadership:

How can we work to build a better world through personal influence and effective teamwork?

## Setting the Stage

- S1: Building Connections
- S2: Building Community
- S3: Developing Community Agreements
- S4: Upholding Community Agreements

## Values & Purpose

- S5: Defining Leadership
- S6: Connecting Values & Leadership
- S7: Practicing Values as Leaders
- S8: Connecting Purpose to Academics
- S9: Connecting Purpose to Society
- S10: Using My Influence for Personal Pursuits
- S11: Using My Influence for Selfless Pursuits

## Goals & Habits

- S12: Developing Well-Being Habits
- S13: Practicing Well-Being Habits
- S14: Developing Leadership Habits
- S15: Practicing Leadership Habits

## Empathy & Compassion

- S16: Understanding Effective Empathy
- S17: Expanding Our Circle of Empathy
- S18: Developing a Critical Consciousness

## Leadership & Teamwork

- S19: Improving our school: Brainstorming
- S20: Improving our school: Planning
- S21: Improving our school: Revising
- S22: Improving our school: Presenting
- S23: Improving our school: Executing
- S24: Bettering Our World (Global): Part 2

## Reflections

- S25: Reflections