

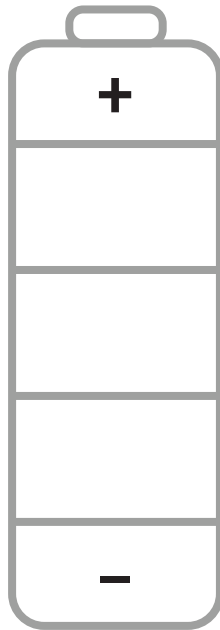
# Temperature Check

How are you feeling today?

Good!



High

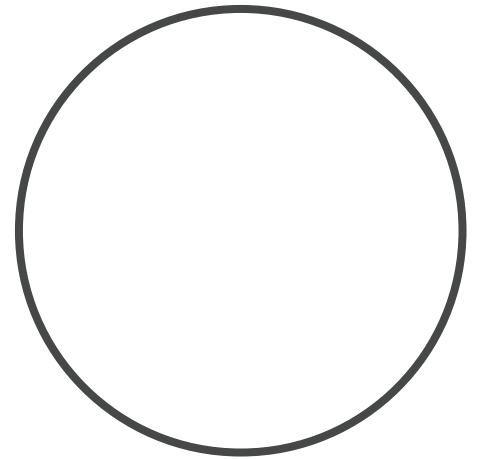


Low



ENERGY  
LEVEL

Draw a picture  
of how you feel:



Okay.



Bad.



MOOD

**Today, I  
could use...**

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