An Integrated Approach To Tier 1 Supports

Webinar hosted by

Implementation Supports By *65*



Before We Begin



This webinar is being recorded and attendees are in Listen Only mode



Links and resources will be shared in the chat



Use the chat or Q&A feature to engage today



Before We Begin



We will be sending out the slides in PDF format



We are recording this webinar so you can watch later or share as you want to



Drop questions in the chat as you have them!



Meme Check-In:

Share the meme you feel the most like right now!





In the Chat

If you had to teach a class on <u>one</u> thing for the rest of your life, what would you teach?



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What is Tier 1?

(and why is it critical to get it right?)



Every Student +
Holistic Needs +
All Hands on Deck =

Tier 1



Tier 1 "Every Student"

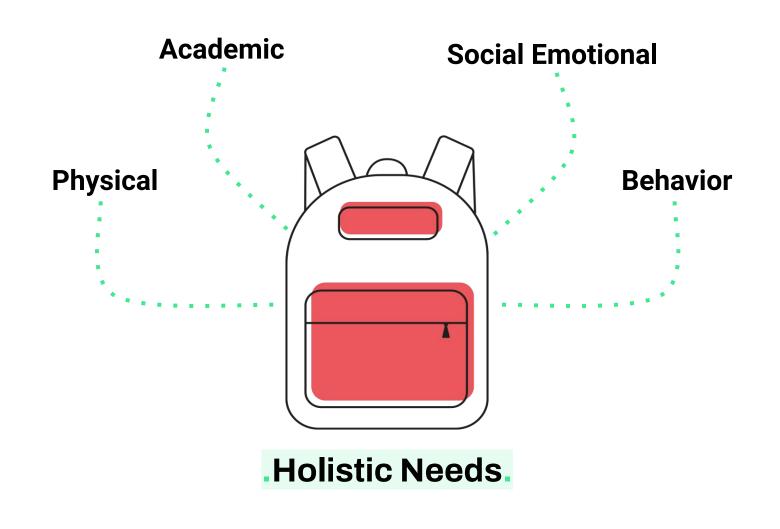


Tier 1 is the foundation and represents the enriched experiences that each and every student receives daily & consistently.



Tier 1 "Holistic Neds"



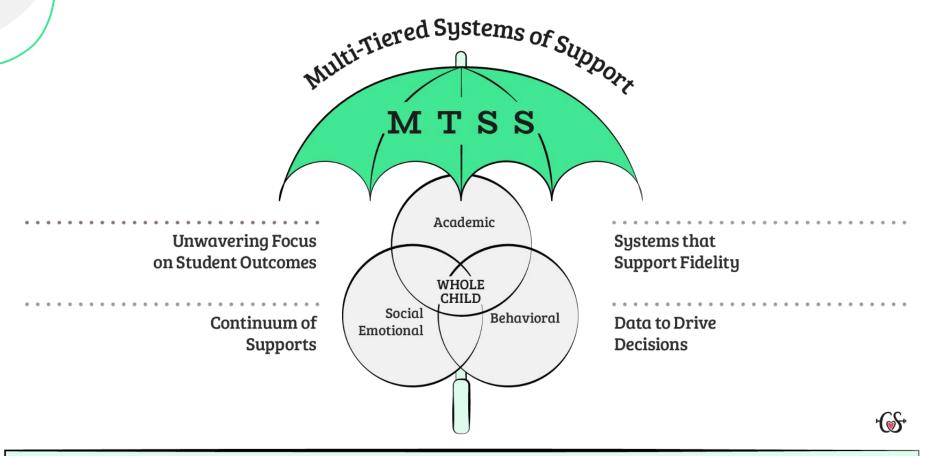




Tier 1 "Integration"

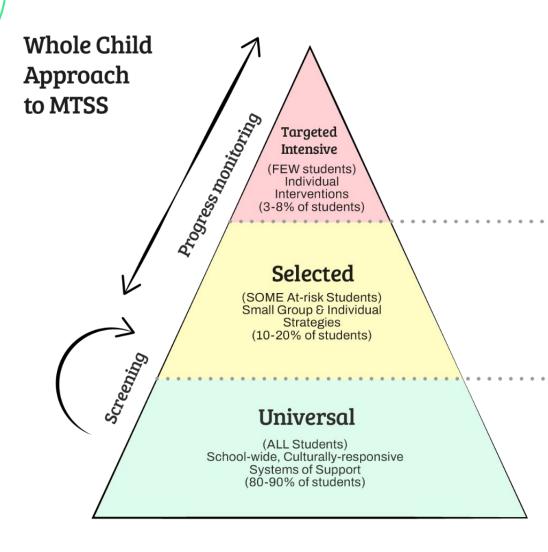
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Common Language



Every Student Getting What They Need to Be Socially, Emotionally, and Academically Well





Tier 3 System of Support for a FEW:

- · Intensive academic interventions
- · Individualized behavioral and mental health services
- Wraparound supports
- Medical intervention

Tier 2 System of Support for SOME:

- · Menu of academic interventions (math, literacy)
- · Menu of social, emotional and behavioral interventions

Tier 1 System of Support for ALL:

- Core academic curriculum instruction
- School-wide behavior support
- Social-emotional learning curriculum
- Relationship practices



Tier 1 Definition

The intentional integration and high fidelity implementation of social, emotional, behavioral, and academic supports that every student receives daily and consistently to be well, belong, and engage fully in learning experiences that cultivate critical competencies that enable students to be life-ready.

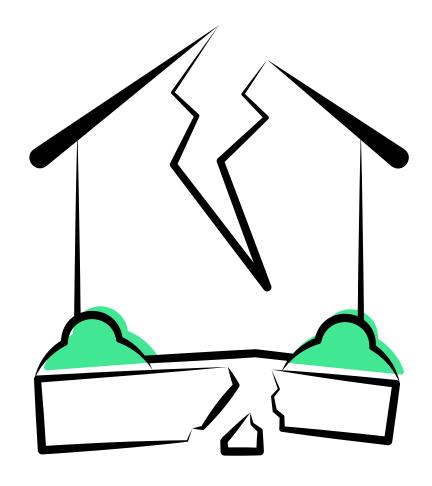


Purposes of Tier 1

- Prevent difficulties or problems from emerging in the first place
- Promote access to experiences that optimize and enhance success-enabling factors
- Facilitate Intervention by providing a solid foundation that enables more intensive interventions to work and lays the groundwork for Tier 2 and 3 supports



Foundation Metaphor

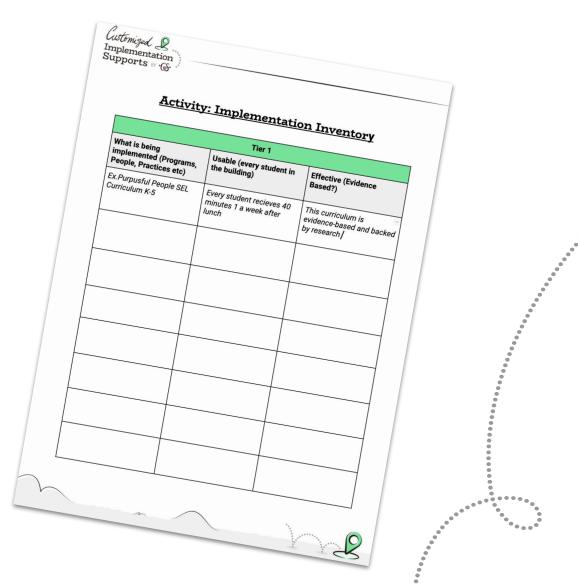




Common Understanding

Initiative Inventory -

What is currently in place at your site or district for Tier 1?

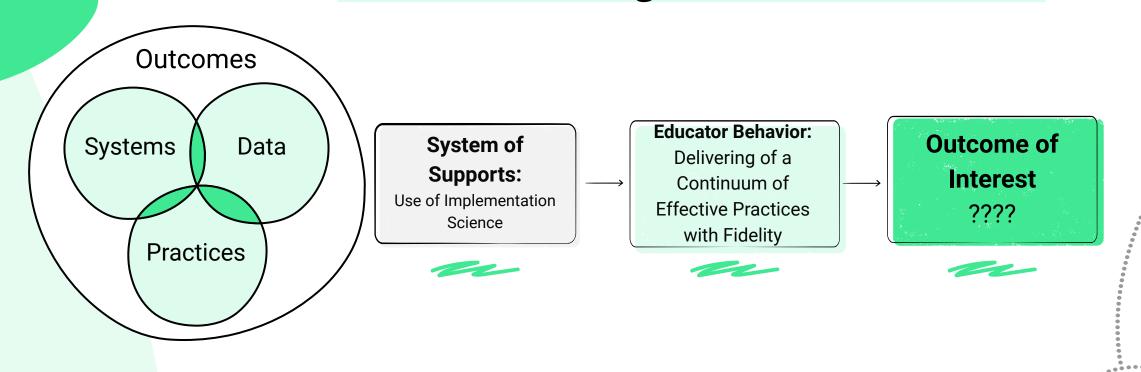






Common Understanding

Backwards Design to Get to Outcomes





Common Understanding

This is our adult-facing hypothesis

Preconditions:

All Means All

Collaborative Relationships

Diversity, Equity & Inclusion

Social Emotional Learning Implementation of Effective Practices:

PBIS

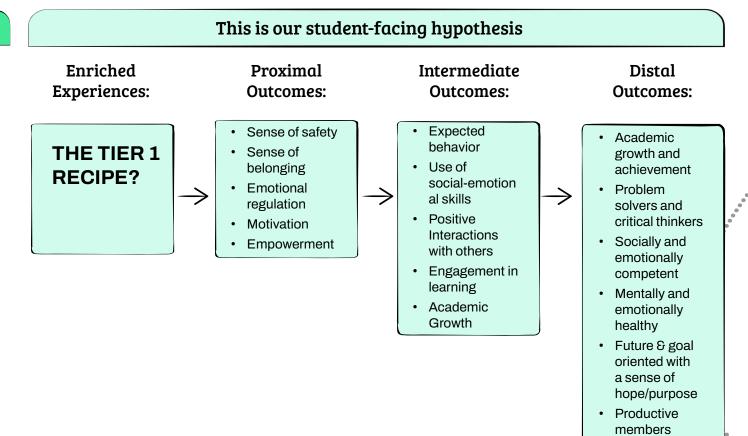
Restorative Practices & EMR

Structured Problem Solving Process

SEL Curriculum

Core Instructional Strategies

WOOP Goal Setting & 4 Components of Student Agency



of societyReduced SPED referrals



The Baking Metaphor





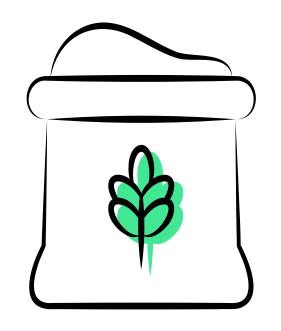
What is a recipe?

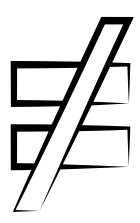
A set of guidelines and instructions about how to combine ingredients together to produce specific outcomes of interest

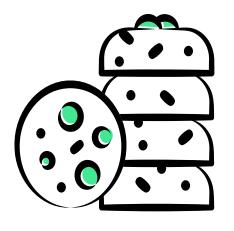




Expecting the Outcome with a Single Ingredient









Outcome

What we want to achieve or happen on purpose as a result of what we do.





Ingredient

A component or part of a recipe that combines with other ingredients to produce an outcome.

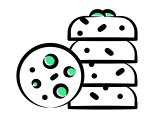














Foundation & Outcomes







Tier 1 Recipe

- 1. Relationships
- 2. Teaching & Learning
- 3. Environment
- 4. Empowerment



The Ingredients of Tier 1



Relationships



Teaching & Learning



Empowerment



Environment





Relationships



In the Chat

How do educators develop relationships with students?





Consistent & Predictable





Low-Burden & High-Impact





Proactive vs. Reactive





Great Educators

S.E.R.V.E.



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S.E.R.V.E.

START INTENTIONALLY





"Start Intentionally"

Staple: 4 at the Door + 1 More // **Frequency:** Daily **Purpose:** Increase Academic Engaged Time

1 Eye to Eye

3 Hand to Hand*

2 Name to Name

4 Heart to Heart

+1 / Entry Task



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ENGAGE RELATIONALLY







Staple: Temperature Check // Frequency: Weekly

Purpose: Emotional Snapshot

Name* 1-5* Why?



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RESPOND WITH EMPATHY:





"Respond with Empathy"

Staple: Community Agreements // Frequency: Each New Class & Weekly Role Modeling, Reminders, Recognition, & Review Purpose: Empathetic & Equitable Classroom

Questions to Consider to Co-Construct Community Agreements:

- What do you need from others to feel safe speaking up?
- What do you need from others when working collaboratively?
- How do we want each other to feel at the end of each day/period/lesson?
- How do we hold each other accountable?
- What do you need from me, the teacher, in order for you to be a strong learner?





"Respond with Empathy"

Staple: Community Agreements // Frequency: Each New Class & Weekly Role Modeling, Reminders, Recognition, & Review Purpose: Empathetic & Equitable Classroom

4Rs to Promote Community Agreements

Role Modeling

Reminders

Recognition

Review



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VALUES PRACTICED CONSISTENTLY:





"Values Practiced Consistently"

Staple: Staff CharacterDares // Frequency: Weekly

Purpose: Behavioral Role Modeling





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S.E.R.V.**E.**

EXIT INTENTIONALLY:

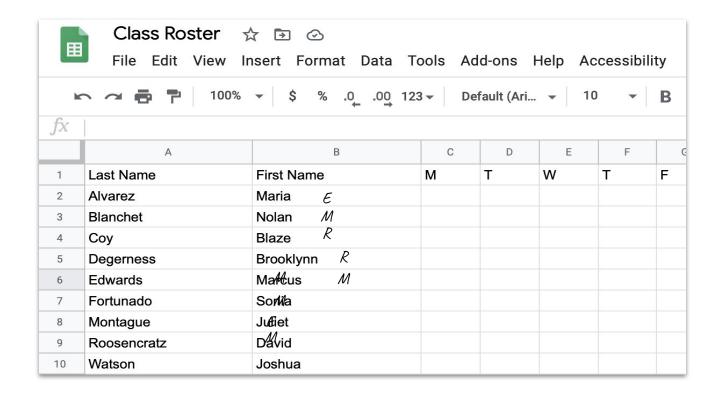






Staple: Establish-Maintain-Restore (EMR) // Frequency: Weekly

Purpose: Energy & Equity









Empowerment



In the Chat

What are the characteristics of a school that promotes student empowerment?





How Are They Doing?

- Roughly half (52%) of 6th 12th graders say they enjoy coming to school most of the time.
- Disengagement leads to classroom management challenges which, leads to educator burnout.
- Research shows that when students are given choice, they experience an increase in intrinsic motivation. Effort, performance, and learning all grow with choices.





Student Agency

Voice & Choice





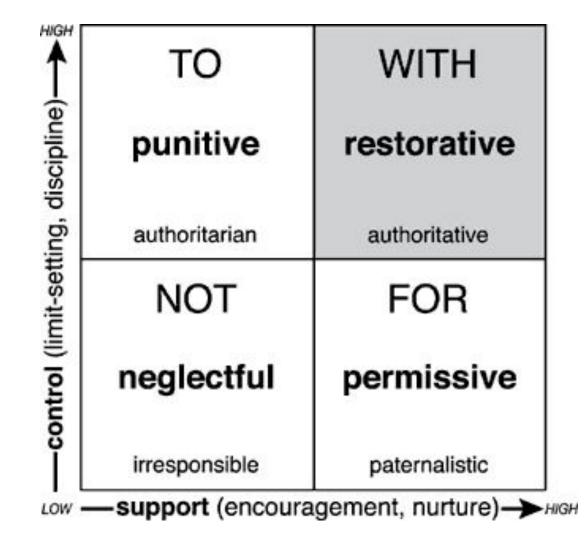
Student Agency

With Them vs. To Them or For Them





Social Discipline Window







Student Agency

Agency & Hope









In the Chat

In the chat, how do educators connect student learning to lived experiences?





Choice = Engagement





Consistency = Confidence





Weekly Lesson Components: START, CONNECT, GROW, RESPOND, EXIT

These five components are the building blocks of PurposeFull People and are designed to be taught each week. Designed for flexibility, lessons can stand alone or be combined in a variety of ways. Educators can present all five lesson components in one 45-60 minute weekly lesson, deliver one component per day (10-20 minutes), or adjust lessons to meet a variety of scheduling needs.

START CONNECT GROW RESPOND EXIT

Intentional activities and rituals designed to build deep understanding of each character trait through the lens of social and emotional learning. START lessons include character-trait sing-alongs, stories, quotes, and illustrations to spark rich discussion and application.

Fun, engaging activities that build relationships among students, creating positive classroom culture. CONNECT lessons are slide-based and interactive. These lessons are the heart of the content, centered around the grade level SEL focus, overarching outcome, and character trait. GROW lessons range from explicit SEL instruction to unique opportunities to put character traits into practice.

This section contains a toolkit of strategies and resources that can be used to help kids respond to a variety of situations. RESPOND includes calming activities for emotion regulation, brain boosters to increase energy and focus, and circle prompts that can be used for reflection and discussion in Morning Meetings, Community Circles, etc.

EXIT activities focus on connections and reflections. They create rituals and routines around the end of the day, building a positive classroom culture.







Environment



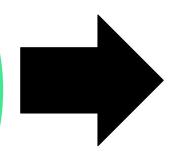
In the Chat

What are the characteristics of an environment that promotes well-being and engagement?





Unsafe
Unpredictable
Reactive
Exclusionary



Safe Predictable Proactive Inclusive





Mind Reading Doesn't Work

(establish norms/expectations & explicitly teach)





#1 Way to Teach is to Role Model

(model the behaviors you wish to see in students)





Create Predictability

(routines, visual schedules, follow through)





Reminded More than Taught

(precorrection, prompts, reminders)





Give Feedback in Both Directions



Recognize & acknowledge

students who engage in behaviors that positively contribute to the environment



Progressively respond with empathy when students engage in behaviors inconsistent with norms





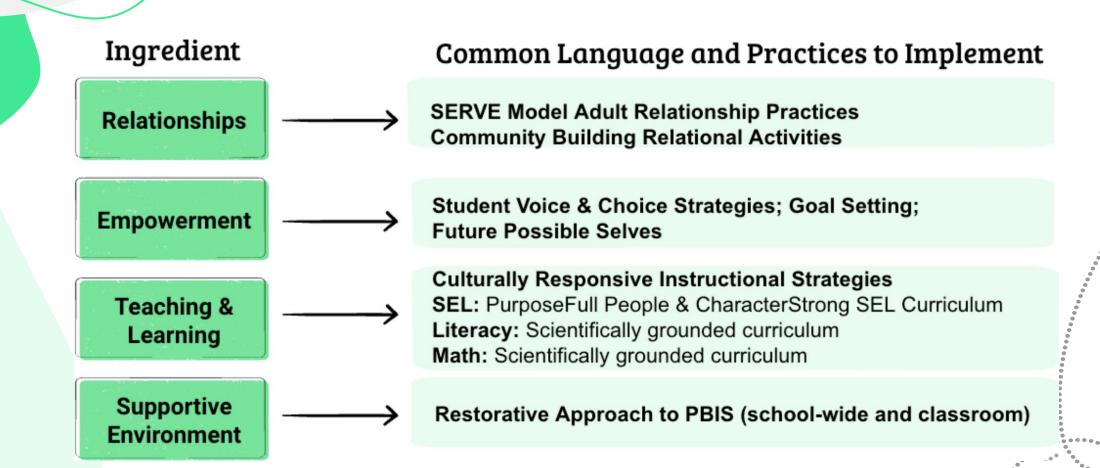
Proven Approach (Tier 1 PBIS)

- Teach
- Model
- Precorrect & Prompt (cues)
- Recognize & Acknowledge
- Progressively Respond





The Ingredients of Tier 1







Upcoming Events

Oct. 4 // Free Webinar / Proven Tier 1 Strategies to Increase Engagement

Oct. 6 // Virtual Conference Bands

Oct. 6 & 20 // Secondary Curriculum Demo (SSEL)

Oct. 11 & 19 // Elementary Curriculum Demo (PfP)

Oct. 27 // Free Webinar / Universal Screening 101



Join us In-Person

January 20-21, 2023 - Austin, TX





Learn More: CharacterStrong.com/NationalConference

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